

Modern Fitness OC

Pricing Options

Membership Package	45 Minute Personal Training	45 Minute Couple and/or Partner Training	45 Minute Group Strength & Resistance Training	40 Minute 1 on 1 Stretch Therapy	30 Minute Group Stretch Therapy	60 Minute Youth Conditioning, Strength & Performance
Session / Week (4) *Monthly Payment	\$300 (\$75/Session)	\$400 (\$100/Session)	\$100 (\$25/Session)	\$180 (\$45/Session)	\$60 (\$15/Session)	\$100 (\$25/Session)
2 Sessions / Week (8) *Monthly Payment	\$560 (\$70/Session)	\$760 (\$95/Session)	\$160 (\$20/Session)	\$320 (\$40/Session)	\$100 (\$12.5/Session)	\$160 (\$20/Session)
3 Sessions / Week (12) *Monthly Payment	\$780 (\$65/Session)	\$1080 (\$90/Session)	\$215 (\$18/Session)	*	\$120 (\$10/Session)	\$200 (\$17/Session)
Unlimited Sessions / Week *Monthly Payment	*	*	\$250	*	\$150	*Sibling? 50% off 2nd Child* (same class only)
Non-Membership 5 Pack	\$400 (\$80/Session)	*	\$150 (\$30/Session)	\$250 (\$50/Session)	\$100 (\$20/Session)	\$150 (\$30/Session)
Non-Membership 10 Pack	\$750 (\$75/Session)	*	\$250 (\$25/Session)	*	\$150 (\$15/Session)	\$250 (\$25/Session)
DROP-IN RATE	\$80	\$100	\$30	\$50	\$20	\$30
Cardio & Stretch Package	\$20			www.ModernFitnessOC.com		
	Unlimited use of machines and stretch area outside scheduled training times.					
Stretch Equipment	ASK ABOUT STRETCHING STRAPS AND EQUIPMENT FOR SALE					