


Modern Fitness OC

Pricing Options

Pricing Package *Reoccurring Schedule*	45 Minute Private Training	45 Minute Couple/Partner Training (2 People Max)	45 Minute Semi-Private Group Training (3 People Max)	Group Circuit Training	45 Minute Private Stretch & Massage Gun Therapy	Nutrition & Programming
Session / Week (4) *Monthly Payment	\$360 (\$90/Session)	\$460 (\$120/Session) \$60/Person	\$50/Session Each Person	\$100 (\$25/Session)	\$240 (\$60/Session)	Consultation + Assessment + 30 Day Program \$150
2 Sessions / Week (8) *Monthly Payment	\$640 (\$80/Session)	\$800 (\$100/Session) \$50/Person	\$40/Session Each Person	\$160 (\$20/Session)	\$400 (\$50/Session)	Ongoing Program Accountability \$50/Month
2 Sessions / Week (12) *Monthly Payment	*	*	*	\$215 (\$18/Session)	*	Metabolic Reset Program \$20/Program
Drop-In Rate	\$100	\$120	\$60	\$30	\$60	Exercise or Nutrition Programming \$10/Month
Non-Membership 5 Pack	\$500			\$150 (\$30/Session)		
Non-Membership 10 Pack	\$900			\$250 (\$25/Session)		
Non-Membership 20 Pack	*			\$400 (\$20/Session)		
Unlimited				\$250 (Unlimited)		
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